



## IKMF TESTING Information Latest as of 03 March 2019

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### **“ALWAYS EARNED, NEVER GIVEN.”**

**LEVEL TESTING** - The IKMF manages a testing system for students who chooses to track their progress in their Krav Maga training. A student's participation in the test is always optional. Achieving a level is not required in order to keep on training. There are 3 categories that a student can be tested at, and each category has 5 levels:

- Practitioner (P) Levels 1 – 5 (beginner > intermediate > advanced intermediate > advanced)
- Graduate (G) Levels 1 – 5 (advanced > senior)
- Expert (E) Levels 1 – 5 (experts with specialisations in non-civilian branches)



Photo of P level rank patches and IKMF passport

**ELIGIBILITY & TRAINING TIME** - To be deemed eligible for testing, the IKMF recommends that a student trains within a certain time frame, and also master the techniques of the specific level they are testing for.

- Practitioner 1 (3 months)
- Practitioner 2 – 5 (4-5 months per rank)
- Graduate 1 – 5 (8 months per rank)
- Expert 1 (1 year)
- Expert 2 (2 years)
- Expert 3 (3 years)
- Expert 4 (4 years)
- Expert 5 (5 years)

*The Expert category requires additional requirements and approval by the IKMF. The test for an Expert level is done by a panel of experts normally in Israel, at the IKMF Head Quarters.*

**[CLICK HERE TO SEE THE TEAM OF IKMF EXPERT INSTRUCTORS](#)**



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### WHAT ARE WE LOOKING FOR DURING TEST TIME?

- Clean techniques - pre-fighting, post-fighting (searching and scanning). This of course refers to your previous levels as well as the new level you are being tested for.
- Pre-fighting - The examiner is looking for the correct choices you perform in technique together with the correct defence, timing, fluidity and tactics.
- Tactics - The examiner is looking for tactical behaviour, meaning positioning in the area, use of common objects, correct positioning in relation to opponents, good choice of technique, good decisive behaviour etc. This, of course, refers to multiple opponents.
- Combative behaviour - meaning aggressiveness, determination including techniques of combative punching and kicking, defensive punching and kicking, fluid combinations of attacks against one or more opponents. All of this is dependent upon one's level.
- In the test for fitness, examiners are looking for the ability of continuing physically after the exam - to see what strength you are left with.

### HOW IS A STUDENT EVALUATED?

A student's technique is objectively evaluated using the IKMF Testing App with the results send directly to IKMF HQ.

Results:

- 85% and above = Pass
- 80% – 84% = Conditional Pass (needs to be retested after a requisite period on mistakes made)
- 79% and below = Fail (requires a full retest after a requisite period)



**KravMaga - IKMF 2** 12+  
avi moyal  
Free

### iPad Screenshots





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**IKMF TESTING IN NEW ZEALAND** - A test can be carried out by a qualified IKMF instructor upon the approval of the IKMF NZ National Director. At the moment, tests at Krav Maga Wellington are held 2 times a year, usually at the end of May and early December.

### **WHO IS AUTHORIZED TO CONDUCT TESTS?**

- Practitioner levels 1, 3 & 5 will be tested by an Israeli IKMF representative only.
- Practitioner levels 2 & 4 may be tested by the local IKMF instructor.
- Graduate levels must be tested by an instructor graded at least two levels higher.
- Graduate 2 and up must be tested by a [GIT/EIT/CIT level instructor](#).
- Expert level 1 may be tested in the origin country by IKMF Chairman Avi Moyal OR by Head of testing committee Tamir Gilad.
- Expert level 2 and up must be tested in Israel by a team of two members of the testing committee.

*Any exception from this protocol will be by special authorization of the testing committee.*

**TIME MANAGEMENT OF THE TEST** - When several levels are tested simultaneously the testing will be conducted as follows:

- Each level will take step one of the test, one after the other, according to ranking, starting with the lowest rank.
- As soon as the trainee has been tested at their rank, she/he will retire to rest.
- Trainees from every level will return and continue to be tested on the following steps above.

**TEST DURATION** – Below is a guide only. A high ranking instructor such as a GIT/CIT/EIT may extend the duration of the test time.

- Practitioner 1 & 2: no more than an hour.
- Practitioner 3, 4, & 5: an hour and a half.
- Graduate levels: No time limit.
- Expert levels: No time limit.

*Any exception from this protocol will be by special authorization of the testing committee or GIT.*

**TEST FEES FOR KRAV MAGA WELLINGTON** – In NZ, the testing fee for each level is set by the National Director together with the local instructors. The test fee must be paid prior to testing and it covers the use of the venue and equipment, certificates, passport, level patch, uniform\* (\*if previously arranged), time of the instructor.

- \$ 135 for P1 (this includes your IKMF membership and an IKMF t-shirt used for test).
- \$ 50 for P2, P3, P4, P5.
- \$ 75 for G1, G2, G3, G4, G5.

### **ADDITIONAL READING**

- [How to pass your Krav Maga Test?](#)
- [Is your level justified?](#)